Lesson Plan _ Mindset Traits

PRINT: Visionary's Roadmap / Mindset Traits Worksheet

GOAL: Students will identify common traits of visionaries and analyze which trait they most want to develop for themselves.

ACTIVITIES:

Define a Visionary: Someone who can imagine something in the future in a creative way. Ex: MLK was a visionary in his hopes and ideas for a just society.

1. Break students into small groups of 3 to 4. Each group is to list five inspiring people in history. What traits did these people have in common? Share the lists with the class, as a whole and start a list of traits on the board.

2. Refer to the paintings of the seven visionaries in AARTII's Gallery to gain clues regarding common traits. Each student chooses one of the Visionaries. Listen to their Interview or read their interview transcript on the Visionary's home page.

3. Compare the class developed list on the board to the following web list:
   Visionary's Roadmap / Mindset Traits Worksheet
   - Add missing traits to the list on the board
   - Check traits you remember your visionary had
   - Mark Traits on the List that you already have with an X
   - Mark Traits on the List that you would like to develop with an O

4. Pass out 2 index cards to each student. Students list three actions they can take today to start developing their desired traits. Collect one of the cards.

5. Students draw a sketch of themselves with lines radiating around them. Write the traits they have and wish to acquire differentiating by color and/or style

EVALUATION:

1. In a week, review the personality traits. Meet with a few students each day. Discuss their progress. This goal setting can be repeated with goals for a week or a month.

2. Reviewing the cards with students, a few each day. It will have more impact than class discussion.